



# The Nesika News

September 2025

## Indigenous Learning Focus for September

Staff and Students have been taking part in rich learning about Salmon this month. We're learning about the importance of Salmon to Indigenous families and culture, how Salmon is harvested and processed, and all about the strong return of Salmon to Secwepemc Territory.



## Bike to Work/School Week



Bike to work and school week returns this Fall for the week of September 27 – October 3<sup>rd</sup>. We encourage all families to participate by biking, scootering, or skating to school. Students who participate will be entered into a draw for a prize. Check out the website to register as a rider: [GoByBike BC](https://www.gobybikebc.ca/) | [Bike to Get Fit, Have Fun, & Enter to WIN Prizes %](https://www.gobybikebc.ca/)

## School Microwave/Lunch Warm-Ups

Because of safety concerns, supervision concerns, and to ensure all students are outside on time for play time, we are asking families to refrain from sending foods with their children that need to be heated/cooked at school and instead use a thermos.



School Picture Day for individual photos is schedule for October 1<sup>st</sup>. Watch backpacks for more information about ordering.

## School Website

Continue to check the school website as all new and important information, including important dates, will be posted there.